



4 mistakes women make
that turn off the opposite in
and outside of the
bedroom...

By sex, dating & love expert *Ben
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“After interviewing literally 1000’s of men and women from different cultures and backgrounds I have to say that we are all very similar. Men and women want similar things from each other. This includes when dating, in relationships and of course during sex. “

Even without these interviews I can tell that women mess things with men a lot. There are two obvious reasons why I can tell this:

- 1) The fact that it can be so difficult for women to attract and keep quality men.
- 2) So many men leave women in what seem to the man to be stable good relationships. This includes divorcing, ending long term relationships and to end dating a man.

Given how pervasive these factors are I am going to delve in deeper here to give you practical advice to use right now for you to become more attractive and sexually desirable to men. The first 3 mistakes are things that women do inside the bedroom to turn him off sex, the 4th mistake is something a lot less obvious that will turn him off you as a woman in general. This includes dating, relationship and sex as well.

Ok, let’s get to it:

1) Know how to pleasure yourself – what do you really like?

The weirder this sounds the more you need to hear this. You need to know your own body. This needn't mean a lot of sex but a whole love of self-love. Learn what feels good and how you like it. The old school fantasy of the white knight teaching you everything and taking you to orgasmic pleasure for the first time is just that. A fantasy.

Once you know where and what to touch on your body you can help guide your sexual encounters so that you truly

2) You just lay there.

Yeah you might try to be enthusiastic but you either don't feel comfortable or it just isn't that great. Guys enjoy it so much more when you enjoy it. Like a lot more. But it's easier for you to enjoy it if you know how your body works, so see mistake #1

3) Gives guys a chance to improve.

Yes most men are not great lovers but being quick to judge men and assuming that they can't improve can be a massive error. When men see you get off they learn what do to, so if you can show him and give some subtle pointers he can slowly start to please. Then the pleasure snowball starts to gain momentum...

4) There for his pleasure only...

This is almost the worst thing to do because he starts to buy into the whole idea of “as long as he is happy” it is okay. Well kind of okay. Yes you would like to orgasm too, but it still feels good....you know the guy is unlikely to think anything is wrong. Yet because of the sex you are having, you both won't reach full pleasure. This is simply because one can only get full pleasure when the other is getting their full pleasure. Part of this is being in sync on a sexual level. Hard to do when you aren't that into it.

[Learn more from my ebook “Mind Blowing Lover for Women”](#). I give you heaps of techniques for hand jobs and blow jobs. I teach you how to be sexy even if you have never thought of yourself as sexy before. [Order “Mind Blowing Lover for Women” here.](#)

What thoughts do you have? Let me know at
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Your friend,

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